

Rebecca Lahann, Psy.D.  
Licensed Clinical Psychologist

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<http://www.SpectrumWellnessAZ.com>

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## EDUCATION

- Doctor of Psychology (PsyD), *Clinical Psychology*** July, 2010  
Capella University, Harold Abel School of Social and Behavioral Sciences, Minneapolis, MN  
Graduate Honors; 4.0 GPA
- Master of Arts, *Counseling Psychology*** Aug., 1999  
Regis University, Denver, CO  
Graduate Honors; 4.0 GPA
- Bachelor of Arts, *Psychology*** May, 1996  
Arizona State University, Tempe, AZ

## PROFESSIONAL CLINICAL EXPERIENCE

- Spectrum Psychology and Wellness, LLC** June 2012 – Present  
**Clinical Director, Licensed Psychologist**, Gilbert, Arizona
- Responsible for overseeing and developing the organization's clinical aspects of program development and the delivery of patient care services.
- Banner Heart Hospital  
Banner Health** June 2014 – July 2015  
**Staff Psychologist**, Mesa, Arizona
- Independent contractor providing on-site psychological evaluations at Banner Health Hospitals.
- Arizona Heart Hospital and Phoenix Baptist Hospital  
Abrazo Health Care** June 2012 – Aug. 2016  
**Staff Psychologist**, Phoenix, Arizona
- Independent contractor providing on-site psychological evaluations at Abrazo Health Care Hospitals.
- HealthSouth East Valley Rehabilitation Hospital** Nov. 2011 – Mar. 2016  
**Staff Psychologist**, Mesa, Arizona
- Independent contractor providing on-site psychological evaluations through Desert Psychological Associates.
- Rebecca Lahann, Psy.D., PLLC** Aug. 2011 – Present  
**Licensed Clinical Psychologist**, Gilbert, Arizona
- Specializing in psychological therapy and assessment services.
  - Provide on-site consultation and evaluation services for a variety of skilled nursing and hospital facilities throughout the Phoenix Metro area.
- Post-Doctoral Residency** Aug. 2010 – Aug. 2011  
**Arizona Psychology Training Consortium**  
**John Stapert, Ph.D., PLLC**, Glendale, Arizona  
John Stapert, Ph.D. – Supervisor; Christopher J. Nicholls, Ph.D. – Mentor
- Participation in an APPIC approved post-doctoral residency through the Arizona Psychological Association's Training Consortium.
  - Provided assessment and individual psychotherapy for a variety of psychiatric disorders using primarily cognitive and cognitive-behavioral techniques. In addition to outpatient treatment, consultation-liaison services in hospital and nursing home settings are provided, as well as personality and pre-surgical bariatric assessment.
  - Received individual and group supervision weekly on a total of 2,000 hours.

**Pre-Doctoral Internship**  
**Arizona Psychology Training Consortium**  
**Carefree Psychological Services**, Carefree,  
Arizona

July 2009 – July 2010

Ellen Diamond, Ph.D. – Supervisor; Mathilda B Canter, Ph.D. – Mentor

- Participation in an APPIC approved pre-doctoral internship through the Arizona Psychological Association's Training Consortium.
- Provided assessment and intervention services to children and adults in inpatient and outpatient settings.
- Provided specialized clinical services in the area of geriatric neuropsychological assessment, chronic medical and pain management, and basic differential diagnosis of dementias.
- Provided clinical services to the Fort McDowell – Yavapai Indian reservation.
- Conducted bariatric pre-surgical evaluations, competency evaluation and coordinated care among healthcare treatment teams.
- Services included psychoeducational, personality, and neuropsychological testing and report writing.
- Received individual and group supervision weekly on a total of 2,000 hours.

**Pre-Doctoral Advanced Student**

Aug. 2008 – Aug. 2009

Family Forensic Psychology, Mesa, Arizona

Paulette Selmi, Ph.D. - Supervisor

- Provided psychological services related to child custody evaluations, family reunification therapy, parenting coordination, and psychological evaluations.
- Received individual and group supervision weekly on a total of 125 hours.

**Pre-Doctoral Advanced Student**

Aug. 2008 – Aug. 2009

Forensic Counseling and Evaluations, P.L.L.C, Scottsdale, Arizona

David Weinstock, J.D., Ph.D.; Paulette Selmi, Ph.D. - Supervisors

- Provided psychological services related to child custody evaluations, family reunification therapy, parenting coordination, and psychological evaluations.
- Received monthly group supervision.

**K-1<sup>st</sup> Grade Student Ministry Facilitator**

Aug. 2007 – May 2009

Central Christian Church Student Ministries, Gilbert, Arizona

Wynanda Swanson - Supervisor

- Facilitate classroom instruction for student ministries, age 5 and kindergarten.

**Psychometrician**

Aug. 2007 – Aug. 2008

Private Practice; Michael J. Redivo, Ph.D, Phoenix, Arizona

Michael Redivo, Ph.D. - Supervisor

- Provided psychoeducational assessment batteries for individualized treatment plans.

**Pre-Doctoral Practicum Student**

Aug. 2006 - June 2007

Southwest Education Center (SWEC), Phoenix, Arizona

Michael Redivo, Ph.D. - Supervisor

- Provided psychological services to at-risk children and adolescents with severe emotional, behavioral, and/or educational problems considered unable to succeed in a standard public school environment. Student population included K-12, with diverse socio-cultural backgrounds and a broad spectrum of Axis I and II psychiatric disorders.
- Services included group therapy, individual therapy, psychoeducation, teacher consultation, brief therapy interventions, crisis intervention, conflict management, behavior research, program development, functional behavior assessments, behavior intervention plans, and psychoeducational assessment for individualized treatment plans.
- Clinical research.
- Total of 1,000 supervised hours.

**Counselor and Exchange and Visitation Mediator**

Aug. 2003-Aug. 2004

The Shared Parenting Program (*formerly The Safe Exchange Program*), Boulder, Colorado

Steven Bennett, Ph.D.; Connie Antonelli, L.P.C. - Supervisors

- Provided therapeutic services and supervision to families during parental visitation and/or ensuring safe and cooperative custody exchanges.
- Stood in as needed as Director of SEP in the acting Directors absence.
- Total of 140 supervised hours.

**Woman's Counselor and Group Facilitator**

Jan. 2001-Jan. 2002

Safehouse Progressive Alliance for Nonviolence (*formerly Boulder County Safehouse*), Boulder, Colorado

Gail Marcus, L.P.C. - Supervisor

- Facilitated individual and group counseling empowering women to make informed decisions about their lives.
- Assisted clients in finding appropriate community resources through interactions with family services, housing, legal advocacy and preventative services.
- Assisted Boulder County Police as a Victims Advocate.
- Training in Alcohol and Substance Abuse: Stages, process, impact on interpersonal and psychological functioning, and treatment.
- Total of 270 supervised hours.

**Masters Practicum/Internship Student****Marriage and Family Therapist - Family Team**

Aug. 1998-July 1999

Access Counseling (*formerly The Counseling Center*), Boulder, Colorado

Deborah King, L.P.C. - Supervisor

- Provided low-cost therapy to individuals, couples, families, and children in the community, helping people to gain life skills and manage and resolve difficult situations before problems escalate.
- Organized and delivered Pre-marital, S.T.E.P. Pre-teen and Teen workshops.
- Earned certification as "Re-Think: Anger Management Therapist for Parents/Teens."
- Total of 1,000 supervised hours.

**Behavioral Therapist/Intern**

Aug. 1995-Feb 1996

Adolescent Substance Abuse Program (ASAP), Phoenix, Arizona

Phillip Lett, Ph.D. - Supervisor

- Co-facilitated group therapy for families with adolescents' court ordered for substance abuse issues.

**Behavioral Therapist/Intern**

Aug. 1995-Feb 1996

Professional Psychology Associates, Phoenix, Arizona

Phillip Lett, Ph.D. - Supervisor

- Assisted in rehabilitation and substance dependency intake evaluations and co-facilitated therapeutic interventions.

**Lab Facilitator**

Aug. 1993-May 1994

Arizona State University (ASU), Tempe, Arizona

Robert Weigand, Ph.D.

- Child development facilitator at the ASU Directed child study lab: Child development intervention program - Ages three and four.

**Research Assistant for Alex Zautra, Ph.D.**

Aug. 1993-May 1994

Arizona State University (ASU), Department of Psychology, Tempe, Arizona

- Assisted in statistical analysis for joint project between ASU and the Arthritis Foundation.

**PROFESSIONAL WORK EXPERIENCE****Senior Director - Curriculum Development**

Aug. 2007-Jan. 2010

notMYkid, Scottsdale, Arizona

- Develop and oversee behavioral health curriculum in order to facilitate positive life choices by educating students, families and educators within communities about the consequences of destructive youth behaviors.
- Educator and speaker for notMYkid, helping to raise community awareness and education on various mental health issues.
- Facilitate national media, collateral, web, and marketing organization efforts.

**IT Architect/Specialist**

Jan. 2000-April 2005

IBM, Boulder, Colorado

- Coordinated the integration of web content for IBM.com in order to improve traffic and brand recognition.
- Facilitated internal and direct marketing efforts to increase brand visibility.

**Market Intelligence Specialist**

Dec. 1998-Jan. 2000

IBM, Boulder, Colorado

- Coordinated research on data mining, opportunity analysis and evaluation of direct marketing efforts for various IBM programs.
- Development, implementation, and training for business partner lead management tool.
- Presentation, National IBM business partner conference.

**Data Analyst**

July 1996-Dec. 1998

Tascor: IBM Contractor, Boulder, Colorado

- Facilitated opportunity management and lead tracking for inbound sales call center.

**Mental Health Worker and Experiential Therapist**

June 1996-June 1997

Mental Health Center of Boulder County, Boulder, Colorado

- Assisted the Summit Programs residential housing for female adolescent treatment as an Experiential therapist.
- Facilitated day treatment within the St. Vrain adolescent school program for male and female adolescents.
- Skilled in the administration of medication and restraint training.

**HONORS & AWARDS**

- **Early Career Achievement Award**, American Psychological Association, 2016
- **Outstanding Early Career Psychologist Award**, Arizona Psychological Foundation, 2014
- **Outstanding Post-doctoral Award**, Arizona Psychological Foundation, 2011
- **Silver 15th Annual Communicator Award for Interactive Distinction**, Academy of Interactive and Visual Arts, 2009. *Nominated by The Lavidge Company for communication efforts as Senior Director of notMYkid, Inc.*
- **Scholarship Award**, The Arizona Chapter of Association of Family and Conciliation Courts (AzAFCC), Sedona, AZ: 2009
- **Scholarship Award**, Arizona Psychological Association (AzPA) Annual Convention: 2006 - 2010
- **Scholarship Award**, The Evolution of Psychotherapy, 5<sup>th</sup> Annual Conference, Anaheim, CA: 2005
- **Psi Chi** - National Honor Society in Psychology, Lifetime member
- **IBM "Bravo Award"** - Given to formally thank and recognize exceptional work efforts, 2003; 2001; 1999

**PROFESSIONAL AFFILIATIONS**

Arizona Psychological Association (AzPA)

2006-present

American Psychological Association (APA)

2005-present

**PROFESSIONAL ADVOCACY  
APPOINTMENTS**

President, Executive Committee – Governing Council: The Arizona Psychological Association (AZPA) 2020

President-Elect, Executive Committee – Governing Council: The Arizona Psychological Association (AZPA) 2019

Secretary, Executive Committee – Governing Council: AZPA 2018

President, Executive Committee: The Arizona Psychology Training Consortium (AZPTC) 2014-2017

Chair, Training Committee: AZPTC 2013-2014

Member, Board of Directors: AZPTC 2011-Present

Program Co-Chair, Key Constituent Psychologist (KCP), AzPA 2011-2014

Convention Committee Member, AzPA 2011-2012

Legislative Committee Member, AzPA 2010-2014

Legislative Advocacy - Key Constituent Psychologist for District 12, AzPA 2009-2014

Graduate Student Representative, Governing Council: AZPA 2008-2010

Chair, Academic &amp; Student Affairs Committee, AzPA 2008-2010

Secretary, Academic &amp; Student Affairs Committee, AzPA 2006-2008

## PUBLICATIONS

Lahann, R. L. (2008). An examination of maternal-fetal attachment in singleton and twin pregnancies. *Dissertation Abstracts International*, 69 (6), 87B. (UMI No. AAT 3311261)

Hogan, S. (Writer). (2008, October). Cyber Bully: The schoolyard bully now has a screen name. Interview with Rebecca Lahann. *North Scottsdale Times*, 8-13. Electronic version retrieved online October 30, 2008, from <http://www.timespublications.com/oct08-feature1.asp>

## INVITED LECTURES

- **Considerations in Private Practice**, The Arizona Psychology Training Consortium, Phoenix, AZ: August 16, 2019.
- **The Competencies and Arts of Private Practice**, The Annual Arizona Psychology Training Conference, Arizona State University West, Glendale, AZ: November 17, 2017.
- **The Inside Scoop on Private Practice** - Organized by Arizona Psychological Association & ASU Counseling & Counseling Psychology, Tempe, AZ: February 29, 2016.
- **Clinical Work with Geriatric Patients: Complexities, Impairments and Interventions**, The Arizona Psychological Association (AzPA) Annual Convention, Carefree, AZ: October 16, 2015.
- **Optimizing Recovery in Heart Patients**, Mended Hearts, Inc Valley of the Sun, John C. Lincoln Hospital, Phoenix, AZ: October 8, 2015.
- **Keynote: Training Interns and Residents for the Integration of Mental and Physical Health within Primary Care Medicine**, The Annual Arizona Psychology Training Conference, Arizona State University West, Glendale, AZ: November 15, 2013.
- **Treating the Whole Patient: Advances in the Integrated Science of Mental Health Treatment**, The Arizona Psychological Association (AzPA) Annual Convention, Carefree, AZ: October 12, 2013.
- **Clinical Work with Geriatric Patients**, The Arizona Psychology Training Consortium (AZPTC), The Arizona Heart Institute, Phoenix, AZ: July 21, 2011.
- **Understanding Dementia**, Staff Inservice, Sunrise of Gilbert Senior Housing Community, Gilbert, AZ: November 3, 2010.
- **Understanding Depression**, Town Hall Discussion, GateWay Community College (GCC), Phoenix, AZ: September 24, 2010.
- **Keynote: "When It's Your Call, Will You Supply the Alcohol?,"** notMYkid Spring Fathers Breakfast; Spring Mothers Luncheon, The Ritz Carleton, Phoenix, AZ: April 9, 2008.
- **Keynote: "Trends Every Parent Should Know: Cyber Bullying, Safe Dating, and Generation Rx,"** notMYkid Fall Fathers Breakfast; Fall Mothers Luncheon, Arizona Biltmore Resort & Spa, Phoenix, AZ: October 1, 2007.

## REFERENCES

Available on request.